

Lent Journal



"AS FOR US, WE HAVE ALL OF THESE GREAT WITNESSES WHO ENCIRCLE US LIKE CLOUDS. SO WE MUST LET GO OF EVERY WOUND THAT HAS PIERCED US & THE SIN WE SO EASILY FALL INTO. THEN WE WILL BE ABLE TO RUN LIFE'S MARATHON RACE WITH PASSION AND DETERMINATION, FOR THE PATH HAS BEEN ALREADY MARKED OUT BEFORE US.

WE LOOK AWAY FROM THE NATURAL REALM & WE FASTEN OUR GAZE ONTO JESUS WHO BIRTHED FAITH WITHIN US AND WHO LEADS US FORWARD INTO FAITH'S PERFECTION. HIS EXAMPLE IS THIS: BECAUSE HIS HEART WAS FOCUSED ON THE JOY OF KNOWING THAT YOU WOULD BE HIS, HE ENDURED THE AGONY OF THE CROSS AND CONQUERED ITS HUMILIATION, & NOW SITS EXALTED AT THE RIGHT HAND OF THE THRONE OF GOD!" HEBREWS 12:1-2 TPT

3 Daily Steps:

Step One:

- PRAY -

30 minutes of uninterrupted, real, vulnerable time laying it before God & asking Him to reveal what you need to throw off - things that slow you down - sin, pain, grudges, distractions, etc.

Step Two:

- BE STILL -

Even if it's shaky at first, He doesn't mind. He's just glad you're there. He knows all about our crazy unfocused brain but He also sees and delights in our willing heart. Just listen as He brings things to mind that slow you down.

Step Three:

- TAKE ACTION -

What are the things God has revealed to you? LET IT GO. Ask for forgiveness, and throw it off so you can run your race with "passion & determination." Ask for HIS power & strength to help you do this.

